| Form 4   |   |   |                                    |  |             |                   |                     |  |  |                                  |
|--|---|---|------------------------------------|--|-------------|-------------------|---------------------|--|--|----------------------------------|
| February 20,   | _                                       |   |                                    |  |             |                   |                     |  | OMB AF   | PPROVAL                          |
| FORM   | <b>4</b> UNITED S                       | STATES  |                                    | ITIES A<br>hington,                    |             |                   | NGE C               | OMMISSION  | OMB<br>Number:   | 3235-0287                        |
| Check thi<br>if no long                              | er                                      |   |                                    | 0                                      |             |                   |                     |  | Expires:   | January 31,                      |
| subject to<br>Section 1<br>Form 4 or<br>Form 5       | 6.<br>r                                 | STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF |                                    |  |             |                   |                     |  |  | 2005<br>average<br>rs per<br>0.5 |
| obligation<br>may cont<br><i>See</i> Instru<br>1(b). | ns Section 17(a                         | a) of the P                                     | ublic Ut                           |  | ling Con    | ipany             | Act of              | e Act of 1934,<br>1935 or Sectior<br>0   | 1  |                                  |
| (Print or Type F                                     | Responses)                              |   |                                    |  |             |                   |                     |  |  |                                  |
| 1. Name and A<br>Eder Noelle                         | ddress of Reporting F<br>K              |   | Symbol                             | Name and                               |             |                   |                     | 5. Relationship of Issuer  | Reporting Pers   | son(s) to                        |
|  |   |   | CAPITA<br>[COF]                    | AL ONE I                               | FINANC      | IAL               | CORP                | (Checl   | k all applicable   | :)                               |
| (Last)<br>1680 CAPIT                                 | (First) (M                              |   | 3. Date of<br>(Month/D<br>02/15/20 | -                                      | ansaction   |                   |                     | Director<br>X_Officer (give<br>below)  |  | Owner<br>er (specify             |
|  | (Street)                                |   | 4. If Ame                          | ndment, Da                             | te Original |                   |                     | 6. Individual or Jo  | -  |                                  |
| MCLEAN,  | VA 22102                                |   | Filed(Mor                          | th/Day/Year)                           | )           |                   |                     | Applicable Line)<br>_X_ Form filed by C<br>Form filed by M   |  |                                  |
| (City)   |   | Zip)  | Tabl                               | e I - Non-D                            | erivative   | Securi            | ities Aca           | Person<br>uired, Disposed of   | . or Beneficial  | lv Owned                         |
| 1.Title of<br>Security<br>(Instr. 3)                 | 2. Transaction Date<br>(Month/Day/Year) | 2A. Deem<br>Execution<br>any<br>(Month/D        | ed<br>Date, if                     | 3.<br>Transactio<br>Code<br>(Instr. 8) | 4. Securi   | ties Ac<br>sposec | equired<br>d of (D) | 5. Amount of<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 3 and 4) | 6. Ownership<br>Form: Direct<br>(D) or<br>Indirect (I)<br>(Instr. 4) | 7. Nature of                     |
| Common   |   |   |                                    | Code V                                 |             | (D)               | Price               |  |  |                                  |
| Stock  | 02/15/2018                              |   |                                    | Μ                                      | 490         | А                 | \$ 0 <u>(1)</u>     | 44,789   | D  |                                  |
| Common<br>Stock                                      | 02/15/2018                              |   |                                    | Μ                                      | 2,287       | Α                 | \$ 0 <u>(1)</u>     | 47,076   | D  |                                  |
| Common<br>Stock                                      | 02/15/2018                              |   |                                    | М                                      | 1,769       | A                 | \$ 0 <u>(1)</u>     | 48,845   | D  |                                  |
| Common<br>Stock                                      | 02/15/2018                              |   |                                    | М                                      | 5,351       | A                 |                     | 54,196   | D  |                                  |
| Common<br>Stock                                      | 02/15/2018                              |   |                                    | D                                      | 490         | D                 | \$<br>99.52<br>(1)  | 53,706   | D  |                                  |

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| Common<br>Stock | 02/15/2018 | D            | 2,287 | D | \$<br>99.52<br>(1) | 51,419 | D |
|-----------------|------------|--------------|-------|---|--------------------|--------|---|
| Common<br>Stock | 02/15/2018 | D            | 1,769 | D | \$<br>99.52<br>(1) | 49,650 | D |
| Common<br>Stock | 02/15/2018 | D            | 5,351 | D | \$<br>99.52<br>(2) | 44,299 | D |
| Common<br>Stock | 02/15/2018 | F <u>(3)</u> | 266   | D | \$<br>98.67        | 44,033 | D |
| Common<br>Stock | 02/15/2018 | F <u>(4)</u> | 1,531 | D | \$<br>98.67        | 42,502 | D |
| Common<br>Stock | 02/15/2018 | F(5)         | 1,391 | D | \$<br>98.67        | 41,111 | D |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year) | 4.<br>Transacti<br>Code<br>(Instr. 8) | 5. Number6. Date Exercisable and Expirationaction of DerivativeDateSecurities(Month/Day/Year)8)Acquired(A) orDisposed of(D)(Instr. 3, 4,and 5)(Instr. 3) |                  | 7. Title and Amou<br>Underlying Securi<br>(Instr. 3 and 4) |                 |                                |
|---|---|---|---|---------------------------------------|--|------------------|--|-----------------|--------------------------------|
|   |   |   |   | Code V                                | (A) (D)  | Date Exercisable | Expiration Date  | Title           | Amo<br>or<br>Num<br>of<br>Shar |
| 2015<br>Restricted<br>Stock<br>Units                | \$ 0 <u>(1)</u>   | 02/15/2018                              |   | М                                     | 490  | <u>(6)</u>       | <u>(6)</u>   | Common<br>Stock | 49                             |
| 2016<br>Restricted<br>Stock<br>Units                | \$ 0 <u>(1)</u>   | 02/15/2018                              |   | М                                     | 2,287  | <u>(7)</u>       | (7)  | Common<br>Stock | 2,2                            |
|   | \$ 0 <u>(1)</u>   | 02/15/2018                              |   | М                                     | 1,769  | (8)              | (8)  |                 | 1,7                            |

| 2017<br>Restricted<br>Stock<br>Units |                 |            |   |       |               |               | Common<br>Stock |     |
|--------------------------------------|-----------------|------------|---|-------|---------------|---------------|-----------------|-----|
| Restricted<br>Stock<br>Units         | \$ 0 <u>(2)</u> | 02/15/2018 | М | 5,351 | 02/15/2018(2) | 02/15/2018(2) | Common<br>Stock | 5,3 |

## **Reporting Owners**

| Reporting Owner Name / Address                              | Relationships |           |                                     |       |  |  |  |  |
|---|---------------|-----------|-------------------------------------|-------|--|--|--|--|
|   | Director      | 10% Owner | Officer                             | Other |  |  |  |  |
| Eder Noelle K<br>1680 CAPITAL ONE DRIVE<br>MCLEAN, VA 22102 |               |           | Chief Card<br>Cust. Exp.<br>Officer |       |  |  |  |  |
| Signatures  |               |           |                                     |       |  |  |  |  |
| Cleo Belmonte (POA on file)                                 | 02/20/2018    |           |                                     |       |  |  |  |  |

\*\*Signature of Reporting Person Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On February 15, 2018 the restricted stock units were settled in cash based on the Company's average fair market value of shares of common stock over the fifteen trading days preceding the vesting date.
- (2) Each restricted stock unit vested on January 1, 2018 and settled in cash on February 15, 2018 based on the Company's average fair market value of the underlying shares of common stock over the fifteen trading days preceding the settlement date.
- (3) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 29, 2015. This is authorized in the applicable restricted stock award agreement.
- (4) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 4, 2016. This is authorized in the applicable restricted stock award agreement.
- (5) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 2, 2017. This is authorized in the applicable restricted stock award agreement.
- (6) These restricted stock units vest in 1/3 increments beginning on February 15, 2016 and annually thereafter.
- (7) These restricted stock units vest in 1/3 increments beginning on February 15, 2017 and annually thereafter.
- (8) These restricted stock units vest in 1/3 increments beginning on February 15, 2018 and annually thereafter.

#### **Remarks:**

Exhibit 24.1 - Power of Attorney - Eder

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.