

ABLEST INC  
Form 8-K  
November 09, 2005

**Table of Contents**

**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549  
FORM 8-K  
CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported): November 3, 2005

**ABLEST INC.**

*(Exact name of registrant as specified in its charter)*

**Delaware**

*(State or other jurisdiction  
of incorporation)*

**1-10893**

*(Commission File Number)*

**65-0978462**

*(I.R.S. Identification No.)*

**1901 Ulmerton Road, Suite 300, Clearwater, Florida**

*(Address of principal executive offices)*

**33762**

*(Zip Code)*

**(727) 299-1200**

*(Registrant's telephone number, including area code)*

**Not Applicable**

*(Former name or former address, if changed since last report)*

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to

Rule 13e-4(c)  
under the Exchange  
Act (17 CFR  
240.13e-4(c))

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**TABLE OF CONTENTS**

Item 1.01. Entry into a Material Definitive Agreement

Item 9.01 Exhibits

SIGNATURE

EXHIBIT LIST

EX-10.1: Summary of Compensation Payable to Non-Employee Directors

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**Table of Contents**

**Item 1.01. Entry into a Material Definitive Agreement**

On November 3, 2005, the Board of Directors of Ablest Inc. (the Company ), upon the recommendation of the Compensation Committee of the Board, approved a revised compensation program for the Company s Non-Employee Directors, effective as of January 1, 2006. A Summary of Compensation Payable to Non-Employee Directors setting forth the terms of such program is filed with this report as Exhibit 10.1 and incorporated herein by reference.

**Item 9.01 Exhibits**

(c) Exhibits

Exhibit No.	Description
10.1	Summary of Compensation Payable to Non-Employee Directors

**Table of Contents**

**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Ablest Inc.

November 9, 2005

By: */s/ Charles H. Heist*  
Charles H. Heist,  
Chairman, Chief Financial Officer, and  
Treasurer

3

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**Table of Contents**

**EXHIBIT LIST**

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10.1	Summary of Compensation Payable to Non-Employee Directors

4